# Onsite Cultural Exchange

## Tokyo Metropolitan Matsubara High School
## Cultural exchange with Mexican and Panamanian friends

### 1. Date and venue

Date: Wednesday, May 20, 2026
12:10 pm – 3:40 pm
Venue: Tokyo Metropolitan Matsubara High School

### 2. Participants

About 200 third-year students

### 3. Counterpart

15 students and 3 chaperones
- Novaera Institute, State of Guanajuato, United Mexican States
- San Agustin La Chorrera School, Panamá Oeste Province, Republic of Panama



Welcome ceremony


Group activities


Students welcome the visitors


Lunch exchange




Exchange led by Matsubara students (right)






### 4. Schedule

**1. Welcome remarks and school tour**
- Calligraphy room, library, judo hall, and kendo hall

**2. Lunch exchange**

**3. Welcome ceremony**
- Greetings from Matsubara High students
- Greetings from Mexican and Panamanian students
- Presentations on home country and school by the Matsubara High, Mexican, and Panamanian students
- Recreation

**4. Student-led exchange activities**
- Games and gift exchange

**5. Closing ceremony and commemorative photos**

### 5. Additional information

◆The visiting students were divided into five groups for a lunch exchange. The Matsubara students, particularly the student committee members, actively communicated in English.

◆During the welcome ceremony, a representative student from Matsubara High spoke in English while serving as the master of ceremony. The Mexican and Panamanian students each presented on their countries and schools using slides. Recreational activities included an anime quiz and a “Rock-Paper-Scissors Train.” A dance performance by the Novaera Institute students further energized the event.

◆During the exchange activities, the visiting students divided into five groups and enjoyed games prepared by the Matsubara High students, such as tag, bingo, and charades. The event concluded with commemorative photographs at the closing ceremony.